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Alaska Family Child Care Association promotes and develops quality professional home-based childcare.

Milk Substitution Statement

Providers who participate in The Child and Adult Care Food Program are required to serve Cow’s Milk to participating children. If children cannot consume cow’s milk due to medical, other special dietary needs, or Parent Preference, non-dairy beverages may be served in place of cow’s milk. Non- dairy beverages must be nutritionally equivalent to milk and meet the nutritional standards for fortification of calcium, protein, vitamin A, vitamin D, and other nutrients to levels found in cow’s milk. If a participant cannot consume Cow’s Milk or Soymilk a Medical Statement from a medical authority is required for any other substitution.

Products that meet the requirements in Alaska are:

Unflavored:

- Pacific Ultra Soymilk
- 8th Continent Soy Milk
- Pearl Organic Smart Soy Milk
- Kirkland Signature Organic Soy Milk Plain
- Great Value Original Soy Milk
- Silk Original Unflavored Soy Milk
- Ripple Original

Milk Substitute Nutrition Standards

Nutrient	Per Cup
Calcium	276 mg
Protein	8 g
Vitamin A	500 IU
Vitamin D	100 IU
Magnesium	24 mg
Phosphorus	222 mg
Potassium	349 mg
Riboflavin	.44 mg
Vitamin B-12	1.1 mcg

Flavored: (only for school age children & adults)

- Sunrich Naturals Vanilla Soymilk,
- Ripple-Vanilla,
- Ripple-Chocolate

And if they have a medical statement signed by medical authority:

- PediaSure 1.5 Cal Liquid Vanilla & PediaSure 1.5 Cal with Fiber Liquid Vanilla ... or other types specifically named in the medical statement.